

The Curries
by
L'Epicure
at The Royal by rex resorts

Prices are subject to VAT and service charge.

Appetisers

L'Epicure Featured Soup Made fresh daily—ask your Server EC\$19 US\$7

Cream of Tomato au Gratin with Curry-spiced Cream
EC\$19 US\$7

Black Bean Spring Rolls With Soy Dipping Sauce EC\$28 US\$11

Saltfish and Sweet Potato Cake With organic greens EC\$30 US\$12

Fresh Spinach Salad EC\$19 US\$7
With sautéed Apple and Bacon, Balsamic Dressing

Cardini's Caesar Salad EC\$15 US\$6
Crisp Romaine Bites, Garlic Croutons, Parmesan Crisp and Royal Caesar Dressing

Compliment your Salad Choice with:

Trio of Grilled Shrimp or Jerk-spiced Chicken Breast EC\$22 US\$9

L'Epicure Signature Grilled Roti

**An appetising Sampler of crisp-grilled
Caribbean Flatbread**

Garnished with creamed Thyme and Lemon Balm Pesto,
served with a side of mixed Organic Greens EC\$35 US\$14

Choose from

Crab & Callaloo
Flaked Crabmeat, local Leaves, Mozzarella Cheese, creamy Butter Sauce, Roasted Pepper oil

Baby Shrimp, Mushroom & Prosciutto
On a Bed of Tomato and Mozzarella Cheese

Creole Vegetable
Medley of Fresh Vegetables, stewed Chickpeas, a hint of Curry, Tomato and Mozzarella Cheese

The Curries

Curry Dishes with Royal Chef's own twist

Beef and Lamb Kebab EC\$75 US\$29

Medallions of Angus Beef and Lamb Loin, Sweet Peppers, Straw Potato, Curry Yogurt Dip, Beet Chutney, Mango Chutney, sautéed Vegetables

West Indies Curry Pork EC\$52 US\$20

Thin-sliced Pork Tenderloin sautéed with blended Curry Seasoning, local Spinach and Bell Pepper, Cream, Steamed Vegetable Rice, fried Ground Provision

Jamaican Curry Rice and Pork EC\$52 US\$20

Tender Pork Ribs, Rice and Peas, Hot Pepper and Curry, sautéed Vegetables

Royal Dhal EC\$40 US\$16

Chickpea stew with a blend of Herbs, Spices and Vegetables, fried local Roti Dhal, Beet Chutney

Add Grilled Mahi Mahi to your Dhal EC\$32 US\$13

L'Epicure Curried Seafood Bouillon EC\$59 US\$23

Traditional Bouillon with a hint of Saltfish and Curry, finished with local King Fish and Shrimp, Spinach, Flour Dumpling, Crudité Lettuce Wrap

Tuna Roti EC\$68 US\$26

Grilled loin of Tuna with sautéed Onion, Leeks and Bell Peppers, Sweet Potato, Curry Sauce, Coconut Milk, Steamed Vegetable Rice

Thai Green Curry

Stir-fried Vegetables, Green Curry Spices, Coconut Milk, served over Steamed Rice with Toasted Cashew Nuts

Choose from

Black Tiger Shrimp EC\$70 US\$27

Or

Tender Chicken Breast EC\$60 US\$23

Italian Influences

by

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PRIMOS

Cream of Grilled Zucchini & Plantain Soup Lightly seasoned with Curry	EC\$18 US\$ 7
Cardini's Caesar Salad Crisp Romaine Bites, Garlic Croutons, Parmesan Crisp & Royal Dressing	EC\$15 US\$6
Insalada Capricciosa Artichokes, Mushrooms, Julienne Chicken Breast, Eggs, Mozzarella, Olive Crostini & Creamy Garlic Dressing	EC\$25 US\$ 10
Add a Trio of Sautéed Garlic Shrimp to your Salad	EC\$22 US \$9
Crocchetta di Pollo Small Shrimp Salad	EC\$27 US\$11
Bruschetta Mista Mixed Bruschetta - Tomato, Basil & Wild Mushroom and Prosciutto & Blue Cheese	EC\$25 US\$ 10

PASTAS

Spaghetti Carbonara Prosciutto, Onion, Egg, Parmesan & Garlic Cream	EC\$44 US\$17
Rigatoni Smoked Salmon, Wilted Spinach & Rose Sauce	EC\$60 US\$23
Rigatoni Puttanesca Fresh Tomato, Roasted Garlic, Anchovies, Olives, Chili Flake	EC\$44 US\$17
Fettuchine Frutti di Mare Seafood Medley, Roasted Garlic, Bell Peppers, Olives, Diced Tomato, Capers & Alfredo Sauce	EC\$52 US\$20

PIZZAS

All Pizzas are made with our homemade 9" crust

Chicken Breast & Shrimp, Pesto Sauce, Mozzarella	EC\$49 US\$19
Fresh Tuna, Onion, Mushroom, Tomato Sauce & Mozzarella	EC\$44 US\$17
Mushrooms, Jerk Spices, Pineapple, Tomato Sauce, Mozzarella	EC\$44 US\$27
Anchovies, Olives, Oregano, Chili, Onion, Tomato Sauce, Mozzarella	EC\$49 US\$19

INTERMEZZO

Tuscan Pork Loin Medallion Tomato - Herb Jus, Olives, Garlic Fettuccine & Sautéed Vegetables	EC\$50 US\$20
Chicken Parma Breast of Chicken stuffed with Prosciutto & Avocado Cream Cheese, with Sweet Potato & Blue Cheese Pie and Cassis Jus	EC\$65 US\$25
Lamb Chops Di Modena Pan-seared with Balsamico Jus, Spaghetti Aglio e Olio & Vegetables in Mint Butter	EC\$80 US\$31
Mahi Mahi al Limone Pan-seared local Mahi Mahi Fillet, Cream and Lemon with Crispy Plantain Rice	EC\$70 US\$27
Cioppino al Curry Seasonal Fish & Shrimp stewed in Caribbean Curry-Coconut broth with Bell Peppers, Sweet Potato, Diced Tomato & Chives served with Almond Rice	EC\$80 US\$31

Steak & Seafood

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Shrimp Bisque finished with Cream and Brandy	EC\$22 US\$9
Cardini's Caesar Salad Crisp Romaine Bites, Garlic Croutons, Parmesan Crisp & Royal Caesar Dressing	EC\$15 US\$6
Watermelon & Spinach Salad With Brie Cheese, Chives, Orange & Ranch Dressing	EC\$20 US\$8
Add a Trio of Sautéed Garlic Shrimp to either Salad	EC\$22 US\$9
Saltfish & Shrimp Cake Served with Organic Greens & Balsamic-glazed Mushrooms	EC\$30 US\$12

SEAFOOD ENTRÉES

Lambi (Conch) Kebabs Off the Grill with Citrus Suskai, Pan-fried Dumplings & Steamed Vegetables	EC\$71 US\$28
Grilled King Fish Filet On Shrimp and Mushroom Ragout, Basmati Rice with Black Bean & Vegetable Spring Roll	EC\$70 US\$27
Herb-Crusted Mahi Mahi With Spiced Pumpkin Purée, Cucumber-Garlic Yogurt & Turmeric Potatoes	EC\$70 US\$27
Stir-fried Tuna Sweet Bell Pepper, Scallions, Okra, Coconut Curry Sauce, Basmati Rice & Grilled Plantain	EC\$68 US\$26

STEAKS cooked to your taste

New York Strip

6oz EC\$72 US\$29

10oz EC\$97 US\$37

Beef Tenderloin

6oz EC\$80 US\$31

Sirloin

6oz EC\$70 US\$27

10oz EC\$90 US\$34

Tuna Steak

6oz EC\$68 US\$26

All Steaks are served with your choice of

A SIDE

- Garnished Baked Potato
- Sweet Potato Mash
- Grilled Tomato
- Market Vegetables

A SAUCE

- Green Peppercorn Brandy Sauce
- Café de Paris Butter
- Wild Mushroom Sauce
- Gorgonzola Butter
- Creole Butter

Additional Sauce EC\$8 US\$3

Make it Surf & Turf

Add a side order of Sautéed Garlic Tiger Prawns to your Steak
EC\$30 US\$12